



## Kansas Remote issuance of benefits

### Regarding use in conjunction with completing nutrition education



- When?
- Secondary Nutrition Education
- Low Risk only

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## Kansas Remote issuance of benefits

### Remote issuance of benefits

- Why or Why Not?
- Pros – Client time,  
Transportation issues  
Staff time?
- Cons – Don't physically see client,  
Tracking completion of lesson,  
If cg doesn't do lesson-has to come to clinic

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## Kansas Remote issuance of benefits

### Remote issuance of benefits

Who?

PPM NED 02.02.01

Child(ren) 1 – 5 yrs

Low Risk

There are only child/children in family on WIC.

Online lesson meets education needs



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## Online nutrition education

### Online nutrition education – wichealth.org



All lessons in English and Spanish  
Need to create an account  
Need to email or print and bring in Certificate of Completion

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## Online nutrition education

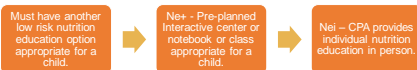
### Documentation of completion of wichealth.org lesson

- Verify completion with the certificate
- KWIC Nutrition Education Topics – all begin with wicH, followed by lesson title
- Goal for client – on the certificate; enter in KWIC Nutrition Education Goals/plans
- KWIC Nutrition Education Topics – move one of the two Trigger Topics (for completion of all secondary nutrition education)

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## Online nutrition education

### What if the online nutrition education won't work?



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## Trigger Topics

### What Are They?



▶ NED 02.04.00 Nutrition Education – Use of Trigger Topics

- Document completion of **all** Secondary Nutrition Education
- Triggers the ability to issue benefits up to Mid-cert or Recert; more than 3 months at a time

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## Trigger Topics

### But what is secondary nutrition education?



Secondary nutrition education is that which is conducted outside of a Cert or Mid-Cert.

Scheduled between Cert and Mid-Cert, between Mid-Cert and Recert or between Cert and Recert.

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## Trigger Topics

### Types of Secondary Nutrition Education Appointments

- High Risk – RD appt (registered dietitian)
- Low Risk
  - NE+
  - NEI
  - Class

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## Trigger Topics

### The Two Trigger Topics – located on KWIC Nutrition Education Topics screen

- #1 Secondary Nut. Ed. For PG, PP, or before Midcert for I, BF, C
- #2 Secondary Nut. Ed. After Midcert for I, BF, C
- KWIC Nutrition Education Topics – move one of the two Trigger Topics (for completion of all secondary nutrition education)

**IMPORTANT!!** Always document the topics discussed, handouts given, goals/plans too

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## Trigger Topics

### But what if .....

- More than one secondary nutrition ed
- Miss the midcert, but have secondary nutrition ed three months before recert

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## Trigger Topics



### What does a trigger topic trigger?

- Ability to issue more than 3 months of benefits

Up to the approximate time of the Mid-cert

Through the rest of the Cert period for PP



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## Exception



### There is an exception

- For pregnant clients, documentation of a trigger topic will not allow more than three months of benefit issuance.
- Rationale: Clinics are encouraged to provide additional education to a pregnant woman. There is so much information that is pertinent to a pregnant woman, it is hard to work it all in.

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## ATOD – Alcohol, Tobacco, and other Illegal Drug Use



All PG, PP, BF and caregivers of I and C shall be given information on the dangers of ATOD

Policy CRT 08.03.00 Drug and Substance Abuse Referrals

If Alcohol, Tobacco, or other Illegal Drug Use is suspected or identified in any of the adults (clients/caregivers):

- Provide education on the dangers associated with the use of alcohol, tobacco and illegal drugs.
- Refer to a drug abuse program, tobacco quit program, AA, etc. as appropriate
- Document the education under Topics and/or Handouts
- AND Document the referral on the KWIC Referral screen

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## Nutrition Risk Factors



### Philosophy – Do the best you can.

#### Review Resources

- NRF Training Manuals
- Guidance for Diet Questionnaires
- Training Modules (revised)

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## Nutrition Risk Factors



## Physician's Diagnosis – When Is It Needed?

## NRF Manual

- Definition will include... "as diagnosed by a physician as self reported by client; or as reported or documented by a physician, or someone working under physician's orders".
- Table 3 at end of each.

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## Nutrition Risk Factors



## Physician's Diagnosis – con't

## Self-Reported vs Self-Diagnosed

- Ex. Lactose Intolerance; Food Allergies

**No real need for questions about who diagnosed if client is taking medications prescribed for the condition.**

**No verification from Dr needed**

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## Nutrition Risk Factors



## Physician's Diagnosis – con't

## Always a physician?

- ...or someone working under physician's orders
- Dentist for Oral Health Conditions
- Clinical Psychologist for Depression

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## Nutrition Risk Factors



## Physician's Diagnosis – con't

## Document – Checkbox on Risk Note

Recorded	03/05/2019
Risk Assigned	<input checked="" type="checkbox"/> Based on MD Diagnosis
Diabetes Mellitus	
Note	
Type 1	
Auto-Calc	
From Health Interview on 03/05/2019	

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**Nutrition Risk Factors****Some Common Issues****Inadequate Vitamin/mineral Supplementation**

- Review def in all categories
- BF Infants and Vit D
- Children and Vitamin D
  - But they don't need a quart of milk!!!
- Prenatal Supplements.

Risk Assigned	<input type="checkbox"/> Based on MD Diagnosis
<b>Inadequate Vitamin/Mineral Supplementation</b>	
Note	
only 16oz milk, no vit d supplement	
Auto-Calc	

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**Nutrition Risk Factors****Some Common Issues****Other Medical Conditions**

- Condition or treatment must be severe enough to affect nutritional status
- Not be included in another NRF
- E.g. Asthma

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**Nutrition Risk Factors****Some Common Issues****Assumed**

- Only for ages specified in title.
  - None for Infants 0 – 3 months old.
- Only if no other NRF is applicable.

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**Nutrition Risk Factors****Some Common Issues****► Diet Very Low in Calories and/or Essential Nutrients**

- Key words – VERY LOW.
- Client has had bariatric surgery and doing well. Yes – assign. (See def)
- Client never drinks milk but does eat cheese, yogurt, ice cream. No – do not assign.

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**Nutrition Risk Factors****Some Common Issues****BF Dyad**

- Infant Born to a BF Woman at Pr 1 Nutritional Risk; BF Mother of Infant at Pr 1 Nutritional Risk
- Ditto for Priority 4.
- Only assign if need to "equalize the priorities".
  - To the one with lower priority
  - KWIC pop-up warning

*To protect and improve the health and environment of all Kansans***Nutrition Risk Factors****Some Common Issues****Consuming Foods That Could be Contaminated; Feeding Foods...**

- Read Definition and look at DQ Guidance
- Example of info you are encouraged to note on DQ.
  - Heated or cold by hot dogs and lunch meat.

*To protect and improve the health and environment of all Kansans***Nutrition Risk Factors****Some Common Issues****Inappropriate Use of Bottles and Cups.****Inappropriate Introduction of Complementary Foods**

- Read Definition and look at DQ Guidance

*To protect and improve the health and environment of all Kansans***Nutrition Risk Factors****Counseling****Client centered.****Do not have to counsel on all NRF identified.***To protect and improve the health and environment of all Kansans*



## Nutrition Risk Factors



Thank you/Questions



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